Republic of the Philippines
QUEZON CITY COUNCIL
Quezon City
23rd City Council

PR23CC-617

52nd Regular Session

RESOLUTION NO. SP-10756, S-2026

A RESOLUTION ENCOURAGING ALL BARANGAYS IN QUEZON CITY TO STRENGTHEN THE IMPLEMENTATION OF OPERATION TIMBANG PLUS (OPT+) IN ORDER TO IMPROVE THE MONITORING OF THE NUTRITIONAL STATUS OF CHILDREN AGED 0-59 MONTHS

Introduced by Councilors ATTY. CHRISTOFFER ALLAN "Tope" LIQUIGAN, JHON ANGELLI "Sami" C. NERI, JOSE MARIA "Mari" M. RODRIGUEZ, DOROTHY A. DELARMENTE, M.D., DON S. DE LEON and ERWIN REY "Cocoy" A. MEDINA

Co-Introduced by Councilors Tany Joe "TJ" L. Calalay, Bernard R. Herrera, Joseph P. Juico, Charm Ferrer, CPA, MPA, JD, Nicole "Nikki" V. Crisologo, Candy A. Medina, Atty. Voltaire Godofredo "Bong" Liban III, Aly Medalla, Dave C. Valmocina, Ranulfo "Tatay Rannie" Z. Ludovica, Albert Alvin "Chuckie" L. Antonio III, Wencerom Benedict C. Lagumbay, Luigi D. Pumaren, Atty. Vicente Belmonte Jr., Edgar "Egay" G. Yap, Nanette Castelo Daza, Imee Rillo, Atty. Jesus Miguel Suntay, Raquel S. Malañgen, Joseph Joe Visaya, Aiko Melendez, Alfred Vargas, MPA, Karl Edgar Castelo, Shaira "Shay" L. Liban, Ram V. Medalla, Maria Eleanor "Doc Ellie" R. Juan, O.D., Emmanuel Banjo A. Pilar, Kristine Alexia Matias, RN, Victor "Vic" D. Bernardo, and Vito Sotto Generoso

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WHEREAS, the Quezon City Government recognizes that proper nutrition during early childhood is essential to the healthy growth and development of children;

WHEREAS, Operation Timbang Plus (OPT+) is a national nutrition program that monitors the nutritional status of children aged 0-59 months to identify cases of undernutrition, stunting, wasting, and overweight;

WHEREAS, data from the Quezon City Nutrition Action Plan indicates that while the City has made significant progress in nutrition monitoring, there remains a need to increase the coverage of OPT+ in order to ensure that all children are included in the program;

WHEREAS, strengthening the implementation of the OPT+ requires coordinated efforts among the Local Government Unit, barangays, health workers, nutrition scholars, schools, community organizations, and the private sector;

WHEREAS, improving nutrition monitoring enables the City to implement timely interventions and targeted nutrition programs to address malnutrition and ensure that every child in Quezon City has the opportunity to grow healthy and strong.

NOW, THEREFORE,

BE IT RESOLVED BY THE CITY COUNCIL OF QUEZON CITY IN REGULAR SESSION ASSEMBLED, to encourage, as it does hereby encourage, all barangays in Quezon City to strengthen the implementation of Operation Timbang Plus (OPT+) in order to improve the monitoring of the nutritional status of children aged 0-59 months.

RESOLVED FURTHER, that the concerned departments of the Quezon City Government are encouraged to provide technical assistance, logistical support, and data management systems necessary to improve the coverage and effectiveness of OPT+ across the City.

RESOLVED FURTHERMORE, that all barangays in Quezon City are encouraged to support the implementation of OPT+ by mobilizing barangay health workers, barangay nutrition scholars, and other volunteers to help identify, monitor, and record the nutritional status of children in their respective communities.

RESOLVED FURTHERMORE, that the Sangguniang Kabataan Councils are encouraged to assist in community information campaigns and volunteer mobilization activities that promote awareness and participation in nutrition monitoring programs.

RESOLVED FURTHERMORE, that schools, community organizations, and non-governmental organizations are encouraged to assist in promoting nutrition awareness and encouraging families to participate in nutrition monitoring and health services.

RESOLVED FURTHERMORE, that the private sector is encouraged to support nutrition initiatives of the Quezon City Government through partnerships, sponsorship of nutrition-related activities, and support for community-based nutrition programs.

RESOLVED FINALLY, that copies of this Resolution be furnished to the Quezon City Health Department, the Quezon City Nutrition Committee, all barangays in Quezon City, and other concerned offices for their information and appropriate action.

ADOPTED: July 6, 2026.

CERTIFICATION

This is to certify that this Resolution was ADOPTED by the City Council on Second Reading on July 6, 2026 and was CONFIRMED on October 8, 2026.

MIKEY F. BELMONTE
President Pro-Tempore
Acting Presiding Officer

ATTESTED:

ATTY. JOHN THOMAS S. ALFEROS, III
City Government Department Head III
(Secretary to the Sanggunian)